

LABORATORY REPORT

QC ACCOUNT (WARDE) 300 W. TEXTILE ANN ARBOR MI 48108 **EXAMPLE, REPORT**

WX0000003481 F 12/08/1988 34 Y

Referral Testing

Collected: 10/01/2021 12:00 Received: 10/01/2021 12:00

<u>Test Name</u> <u>Result</u> <u>Flag Ref-Ranges</u> <u>Units</u> <u>Site</u>

Iodine/Creatinine Ratio, Random, Urine

Iodine Concentration Interpretation SEE BELOW MMRL

WORLD HEALTHCARE ORGANIZATION (WHO) CRITERIA FOR ASSESSING IODINE STATUS

Children >6 Years Old and Adults:

<20 mcg/L - Insufficient intake, severe iodine

deficiency

20-49 mcg/L - Insufficient intake, moderate iodine

deficiency

50-99 mcg/L - Insufficient intake, mild iodine

deficiency

100-199 mcg/L - Adequate intake, adequate nutrition

200-299 mcg/L - Above intake requirements, may

pose a slight risk of more than adequate nutrition

>299 mcg/L - Excessive intake, risk of adverse

health consequences

Pregnant Women:

<150 mcg/L - Insufficient intake

150-249 mcg/L - Adequate intake

250-499 mcg/L - Above requirements

>499 mcg/L - Excessive intake

Lactating Women:

<100 mcg/L - Insufficient intake

>99 mcg/L - Adequate intake

-----ADDITIONAL INFORMATION-----

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by

the U.S. Food and Drug Administration.

Iodine Concentration 92

Iodine/Creat Ratio, U 100 <584 mcg/g Cr MMRL

Creatinine, Random, U 92 16 - 326 mg/dL MMRL

Test Performed by:

Mayo Clinic Laboratories - Rochester Superior Drive

3050 Superior Drive NW, Rochester, MN 55901

Lab Director: William G. Morice M.D. Ph.D.; CLIA# 24D1040592

LAB: L - LOW, H - HIGH, AB - ABNORMAL, C - CRITICAL, . - NOT TESTED

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mcg/L

MMRL



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 Test Name
 Result
 Flag
 Ref-Ranges
 Units
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 Reported Date: 10/01/2021 12:02 IODCU

Performing Site:

MMRL: MAYO MEDICAL REFERENCE LAB 3050 Superior Drive NW Rochester MN 55901

LAB: L - LOW, H - HIGH, AB - ABNORMAL, C - CRITICAL, $\,$. - NOT TESTED

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