



# LABORATORY REPORT

Example Client, XYZ123  
1234 Warde Road  
Ann Arbor MI 48108

**EXAMPLE, REPORT W**  
WX0000003826 F 12/05/1988 35 Y

## Referral Testing

Collected: 11/01/2024 13:39 Received: 11/01/2024 13:39

Test Name	Result	Flag	Ref-Ranges	Units	Site
<b>Lead, Industrial Exposure Panel, Adults</b>					
Lead, Industrial, Whole Blood	7.0	H	<=4.9	ug/dL	ARRL

INTERPRETIVE INFORMATION: Lead, Industrial Exposure Panel, Adults  
Analysis performed by Inductively Coupled Plasma-Mass Spectrometry (ICP-MS).

Elevated results may be due to skin or collection-related contamination, including the use of a noncertified lead-free collection/transport tube. If contamination concerns exist due to elevated levels of blood lead, confirmation with a second specimen collected in a certified lead-free tube is recommended.

Reference interval and interpretive comments are based on the CDC's "Childhood Lead Poisoning Prevention: Recommended Actions Based on Blood Lead Level" and the "Adult Blood Lead Epidemiology and Surveillance: Reference Blood Lead Levels (BLs) for Adults in the U.S." Thresholds and time intervals for retesting, medical evaluation, and response vary by state and regulatory body. Actions described by OSHA in 1978 and finalized in 1983 are shown below. Contact your State Department of Health and/or applicable regulatory agency for specific guidance on medical management recommendations.

Concentration	Comment
5-19.9 ug/dL	Medical removal is recommended for pregnant women or those who are trying or may become pregnant. Adverse health effects are possible. Reduced lead exposure and increased blood lead monitoring are recommended.
20-69.9 ug/dL	Adverse health effects are indicated. Medical removal from lead exposure is required by OSHA if blood lead level exceeds 50 ug/dL. Prompt medical evaluation is recommended.
Greater than 69.9 ug/dL	Critical. Immediate medical evaluation is recommended. Consider chelation therapy when symptoms of lead toxicity are present.

LAB: L - LOW, H - HIGH, AB - ABNORMAL, C - CRITICAL, . - NOT TESTED

G701000002  
WX0000003826  
Printed D&T: 11/01/24 13:41

Ordered By: KAJAL SITWALA, MD, PHD  
WX00000000002353

Kajal V. Sitwala, MD, PhD - Medical Director  
Form: MM RL1  
PAGE 1 OF 3



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"Occupational Safety and Health Standards: Lead (1983). 29
CFR Part 1910.1025 App C"

Action required for workers with Elevated Lead Values OSHA,
Occupational Exposure to Lead, 1978

Table with 3 columns: No. of Tests, Lead, Action Required. Contains 4 rows of test results and actions.

OSHA requirements in effect since 1978 call for the
measurement of whole blood lead and zinc protoporphyrins
(ZPP) (NCCLS document C42-A, Nov. 1996) to evaluate the
occupational exposure to lead. OSHA requires ZPP whole
blood testing to be reported in units of ug/dL. For adults,
conversion of ZPP units of ug/dL whole blood assumes a
hematocrit of 45 percent. Conversion factor: umol/mol heme
x 0.584= ug/dL.

This test was developed and its performance characteristics
determined by ARUP Laboratories. It has not been cleared or
approved by the U.S. Food and Drug Administration. This
test was performed in a CLIA-certified laboratory and is
intended for clinical purposes.

Zinc Protoporphyrin (ZPP), WholeBld Ratio 71 H 0-69 umolZPP/molHe ARRL
m

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Test Name	Result	Flag	Ref-Ranges	Units	Site
<p>INTERPRETIVE INFORMATION: Zinc Protoporphyrin (ZPP) WholeBld Ratio</p> <p>This test was performed on the ProtoFluor Z system manufactured by Helena Laboratories. The result is not comparable to results obtained from extraction-based methods or from the AVIV ZPP system.</p> <p>The test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.</p>					
Zinc Protoporphyrin, Blood	41	H	0-40	ug/dL	ARRL

INTERPRETIVE INFORMATION: Zinc Protoporphyrin, Blood

For occupational exposure to lead, OSHA requires ZPP whole blood concentration to be reported in units of ug/dL. For adults, conversion of ZPP to units of ug/dL assumes a hematocrit of 45%. This test was performed on the ProtoFluor Z system manufactured by Helena Laboratories. The result is not comparable to results obtained from extraction-based methods or from the AVIV ZPP system.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.

Performed By: ARUP Laboratories  
500 Chipeta Way  
Salt Lake City, UT 84108  
Laboratory Director: Jonathan R. Genzen, MD, PhD  
CLIA Number: 46D0523979

**Reported Date:** 11/01/2024 13:41 PBINP

Performing Site:  
ARRL: ARUP REFERENCE LAB 500 Chipeta Way Salt Lake City UT 841081221

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